

OVERVIEW

Right in the heart of Ramsbottom there is no better place locally to get the full treatment of workout then relaxation than the Old Mill Leisure Club. The fully equipped gym has various cross trainers, treadmills, bikes and rowers for you to get the pulse up. Added to that in the weights area we have various resistance machines and a wide range of free weights for you to tone up.

After the workout (or even instead of the workout) there are then our fantastic poolside facilities. We have the jacuzzi, steam room, sauna and 10 metre swimming pool in which to relax and chill. All provide with free car parking and a welcome smile we cannot wait to great you to our fantastic Club.





FACILITIES

- Gym with cardio and resistance machines
- Weight machines for strength and conditioning
- Large free weight and core training exercise areas
- **10m** Swimming pool
- Sauna
- Steam Room
- Jacuzzi
- Free car parking
- Member benefit package

BOOK A SHOWROUND

MEMBERSHIPS

GOLD

From £40 month. Min 12 months

Access the facilities from 6am to 10pm Monday to Sunday

BRONZE

From £48 month. Rolling 30 days.

Access the facilities from 6am to 10pm Monday to Sunday

CHILD

From £17 month

Access allowed 8am-8pm

CORPORATE MEMBERSHIPS

The Club does have a number of corporate memberships with selected organisations, if you believe you are a member of one of these organisations, please speak to a member of staff.

SILVER

From £32 month. Min 12 months

Access the facilities from 7am to 5pm Monday to Friday, 6am-10pm weekends

STUDENT

From £29 month

Access the facilities from 6am to 10pm Monday to Sunday

LOW JOINING FEE

From £15

Join by 30th April and we will donate the joining fee to support the Ukrainian humanitarian crisis and feed a family for a week

GUEST FEES

Adult £12 per visit

Kids £5 per visit at times of 8am-2pm weekends



CONTACT

01706 822991 oldmill.leisure@lavenderhotels.co.uk

Springwood, Ramsbottom, Bury BLO 9DS. Sat Nav postcode: BLO 9DT

CONTACT