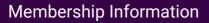
STABLES COUNTRY CLUB





OVERVIEW

Bury's premier health club, The Stables Country Club was established in 1995 has been enhancing the people of Bury health and well-being ever since.

The Stables Country Club we recognise that everyone's fitness levels and objectives are different and so we treat you accordingly. As part of your membership our qualified team members are side by side with you to achieve your fitness goals, offer instruction and motivation. At the Stables we have a wealth of equipment and facilities to make you feel happy and at ease.





FACILITIES

- Large air-conditioned gym with over 70 pieces of equipment (no queues here)
- Weight machines for strength and conditioning
- Large free weight and core training exercise areas
- Significant group class timetable with everything from Yoga to Circuits
- Spin bike studio
- Squash court
- Two swimming pools
- Two saunas
- Steam Room
- Cold plunge pool
- Two Spa
- Whirlpool
- Free car parking
- Member benefit package
- Access to Personal Trainers at discounted rates

BOOK A SHOWROUND

	GOLD	SILVER	BRONZE	SCHOOL LEAVER	CHILD
Price	£49 per month	£35 per month	£57 per month	£33 per month	£16 per month
Gym					
Pool	Ø	Ø		Ø	Ø
Full use of facilities at the following times	6.30am-10pm weekdays and 7am-10pm weekends	9am-5pm weekdays and 7am-10pm weekends	6.30am-10pm weekdays and 7am-10pm weekends	6.30am-10pm weekdays and 7am-10pm weekends	Use of pool facilities 2pm-5pm weekdays and 9am-5pm weekends
Classes	•	Included during membership times	Ø	⊘	Selection of classes included
Regular updates with Stables own Gym Trainers					
Minimum length of contract	12-month	12-month	2-month	3-month	3-month
Joining Fee	£25	£25	£25	£25	£25
Information				Parent/Grandparent must be a member	

CORPORATE MEMBERSHIPS

The Club does have a number of corporate memberships with selected organisations, if you believe you are a member of one of these organisations, please speak to a member of staff.

GUEST FEES

Adult £15 per visit

Kids £6 per visit at times of 2pm-5pm weekdays and 9am-5pm weekends



CONTACT

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CONTACT